



Abbey Hill Primary and Nursery School RHSE Long Term Plan

Foundation Stage

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Nursery	Me and My Relationships Marvellous me! I'm special Me and My Relationships People who are special to me	Valuing Difference Me and my friends Valuing Difference Friends and family Valuing Difference Including everyone	Growing and Changing Growing and changing in nature When I was a baby Girls, boys and families	Being my Best What does my body need? Keeping Myself Safe Safety Indoors and Outdoors What's safe to go into my body	Rights & Respect Looking after my environment Rights & Respect Looking after others	Rights & Respect Looking after myself Being my Best I can keep trying I can do it!
Reception	Me and my relationships	Valuing differences	Keeping myself safe	Rights and respect	Being my best	Growing and changing

Key Stage 1

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Year 1	Me and my relationships	Valuing differences	Keeping myself safe	Rights and respect	Being my best	Growing and changing
Year 2	Me and my relationships	Valuing differences	Keeping myself safe	Rights and respect	Being my best	Growing and changing

Key Stage 2

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Year 3	Being my best	Me and my relationships	Rights and respect	Keeping myself safe	Valuing differences	Growing and changing

Year 4	Me and my relationships	Valuing differences	Keeping myself safe	Rights and respect	Being my best	Growing and changing
Year 5	Me and my relationships	Valuing differences	Keeping myself safe	Rights and respect	Being my best	Growing and changing
Year 6	Me and my relationships	Valuing differences	Keeping myself safe	Rights and respect	Being my best	Growing and changing